



Training Equipment List

- **Wet bag**

https://www.amazon.co.uk/gp/aw/d/B00HUUK79C/?encoding=UTF8&pd_rd_plhdr=t&aaxitk=d5e76d8a152bf1236f135eb2c0ed6f96&hsa_cr_id=2607881500102&qid=1697451038&sr=1-3-e0fa1fdd-d857-4087-adda-5bd576b25987&ref=sbx_be_s_sparkle_mcd_asin_2_img&pd_rd_w=oNIGf&content-id=amzn1.sym.25f7c301-a223-4ff8-91c9-accfeab9fda8%3Aamzn1.sym.25f7c301-a223-4ff8-91c9-accfeab9fda8&pf_rd_p=25f7c301-a223-4ff8-91c9-accfeab9fda8&pf_rd_r=B1MQERXQ5HTPGF5XYXPD&pd_rd_wg=i1sGk&pd_rd_r=f21911aa-5020-41a0-ad2b-a206715913b2&th=1&psc=1

- **Small kickboard**

https://www.amazon.co.uk/FINIS-1-05-042-Alignment-Kickboard/dp/B00A7HTE5I/ref=sr_1_1_sspa?crd=O4KZ2DV5JBMF&keywords=finis%2Bkickboard&qid=1697451104&s=sports&sprefix=finis%2Bkickboard%2Csports%2C67&sr=1-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1

- **Pull buoy & hand paddles**

https://www.amazon.co.uk/Swimming-Accessories-Strength-Training-Equipment/dp/B0BYP3ZB37/ref=sr_1_13?crd=1PYMTSA908IXX&keywords=pull%2Bbuoy&qid=1697451156&s=sports&sprefix=pull%2Csports%2C75&sr=1-13&th=1

- **Pull band**

https://www.wiggle.com/p/finis-pulling-ankle-strap?utm_source=google&utm_term=&utm_campaign=&utm_medium=base&gclid=CjwKCAjwvrOpBhBdEiwAR58-3MIA_mCw5hbgf4waD-KfAfEHA6nO93QofcZZ1fz_xPHt7x1BX0vT5RoC_2gQAvD_BwE&gclidsrc=aw.ds

- **Short Training Fins**

https://www.proswimwear.co.uk/mad-wave-short-blade-swim-fins.html?gad=1&gclid=CjwKCAjwvrOpBhBdEiwAR58-3F50GMMMDQYJCfb8hpXCoVlzzlYwwP-nFfoHOE2YQcud2qtYcWlKuaRoCnWQQAvD_BwE#497=5323

- **Finis snorkel or equivalent & nose clip**

https://www.amazon.co.uk/Detachable-Breathing-Training-Swimmers-Equipment/dp/B09961PKYT/ref=asc_df_B09961PKYT/?tag=googshopuk-21&linkCode=df0&hvadid=641674940318&hvpos=&hvnetw=g&hvrnd=1986368987951986040&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdvcmld=&hvlocint=&hvlocphy=1006821&hvtargid=pla-1966199646362&th=1

- **Swim Trunks or costume**

https://www.decathlon.co.uk/p/men-s-swimming-boxers-boxers-100-plus/_/R-p-333680?mc=8647088&utm_term=8647088-4316139&&iv=iv_p_1_g_151755507827_c_657286430304_w_pla-297546631617_n_g_d_c_v_l_t_r_x_pla_y_15177021_f_online_o_8647088-4316139_z_GB_i_en_j_297546631617_s_e_h_1006821_ii_vi_&gclid=CjwKCAjwvrOpBhBdEiwAR58-3HKth4Q1Ip-SLTDdkz--n0jDS7S5VaWPICZUWognGp1QmtCNdsEXWRoCakIQAvD_BwE&gclsrc=aw.ds

https://www.getthelabel.com/81347406877/speedo-womens-medley-logo-swimsuit-81347406877/?onSuccess=home&lng=&ctry=GB&channel=PWS&gclid=CjwKCAjwvrOpBhBdEiwAR58-3HJc4Ak3ImkltABvucFsEA7laqhg52tXw_X1ImGsBrwWyBPgAXCWRBoCtb4QAvD_BwE

- Drinks bottles
- Spare hat & goggles (to be kept in wet bag)